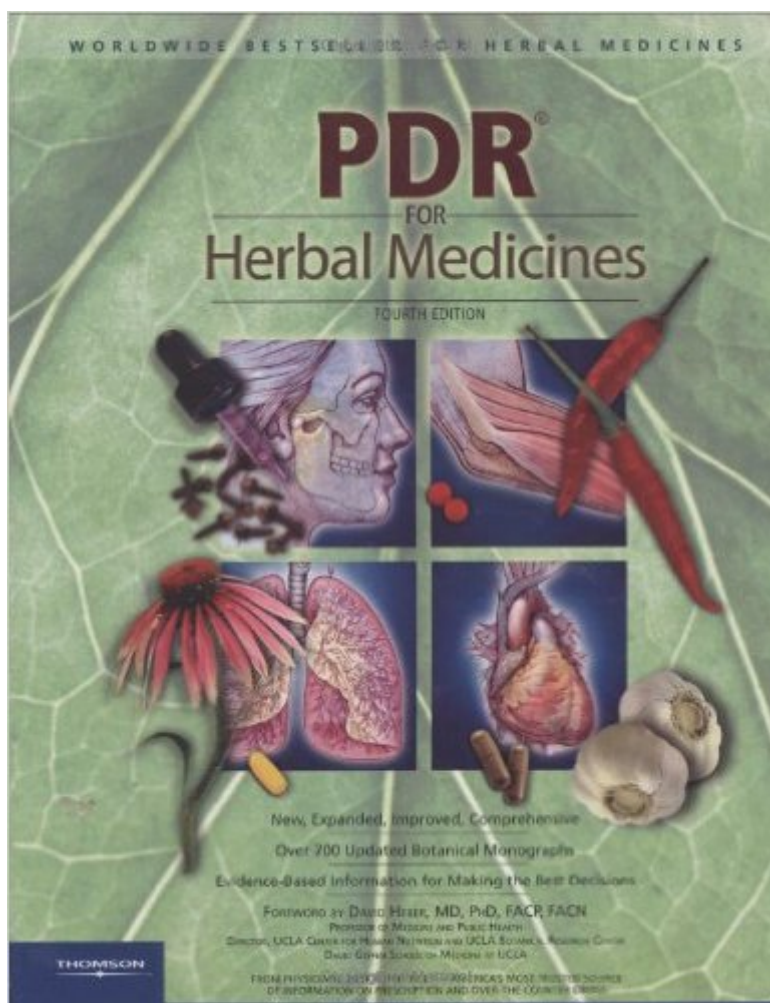


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PDR For Herbal Medicines, 4th Edition



Synopsis

This definitive guide to current herbal remedies includes more than 700 monographs complete with scientific and common names, indications, and usage (including Commission E-approved usage). Featured are clinical studies results, when available, and usage in Chinese, Indian, and homeopathic medicine, when applicable. The guide also includes information on possible interactions with prescription drugs, and the management of those interactions and is fully indexed for easy use.

Book Information

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Customer Reviews

In my interest in learning and understanding the medicinal qualities and uses of herbs for my own personal use (and without any formal medical training), I've purchased many books on 'herbal medicine' and 'homeopathic medicines/remedies'. While there are some good books out there, there is NOTHING I've come across that is as complete as this reference book (4th Edition, 2007). Some of the most exciting parts of this book for me have been the color photos of the plants (and not just a black and white sketch, or lack thereof, included with some of my other books), the description of the medicinal PARTS of the plant, the pharmacology of plant, and the references (or literature citations) provided that allow me to research further on my own. This PDR provides you with: 1) An ALPHABETICAL INDEX (in the front): Lists all scientific and common names found in the herbal monographs. 2) THERAPEUTIC CATEGORY INDEX (i.e. acne preparations, migraine preparations, to wound care products): Groups herbs by therapeutic or medicinal category. Listings

are alphabetical by category and accepted common name. Herbs deemed effective by Commission E are flagged for quick reference.3) INDICATIONS INDEX (i.e. abdominal cramps, relief of flatulence, to superficial wounds): Lists herbs by their primary indications. Entries are alphabetical by indication and accepted common name. Herbs deemed effective by Commission E are specially flagged.4) HOMEOPATHIC INDICATIONS INDEX(i.e. aches, muscular, induction of sleep, to relief of symptomatic wheezing): Catalogs herbal applications in homeopathy. Entries are alphabetical by indication and scientific name.5) ASIAN INDICATIONS INDEX: Groups herbs by their therapeutic uses in Chinese and Indian medicine.

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